

# One North Yorkshire: Working Better, Together

## Working Together to Improve Mental Health



### North Yorkshire Mental Health and Learning Disability Partnership: Update



Hambleton, Richmondshire  
and Whitby  
Clinical Commissioning Group



Harrogate and Rural District  
Clinical Commissioning Group



Scarborough and Ryedale  
Clinical Commissioning Group

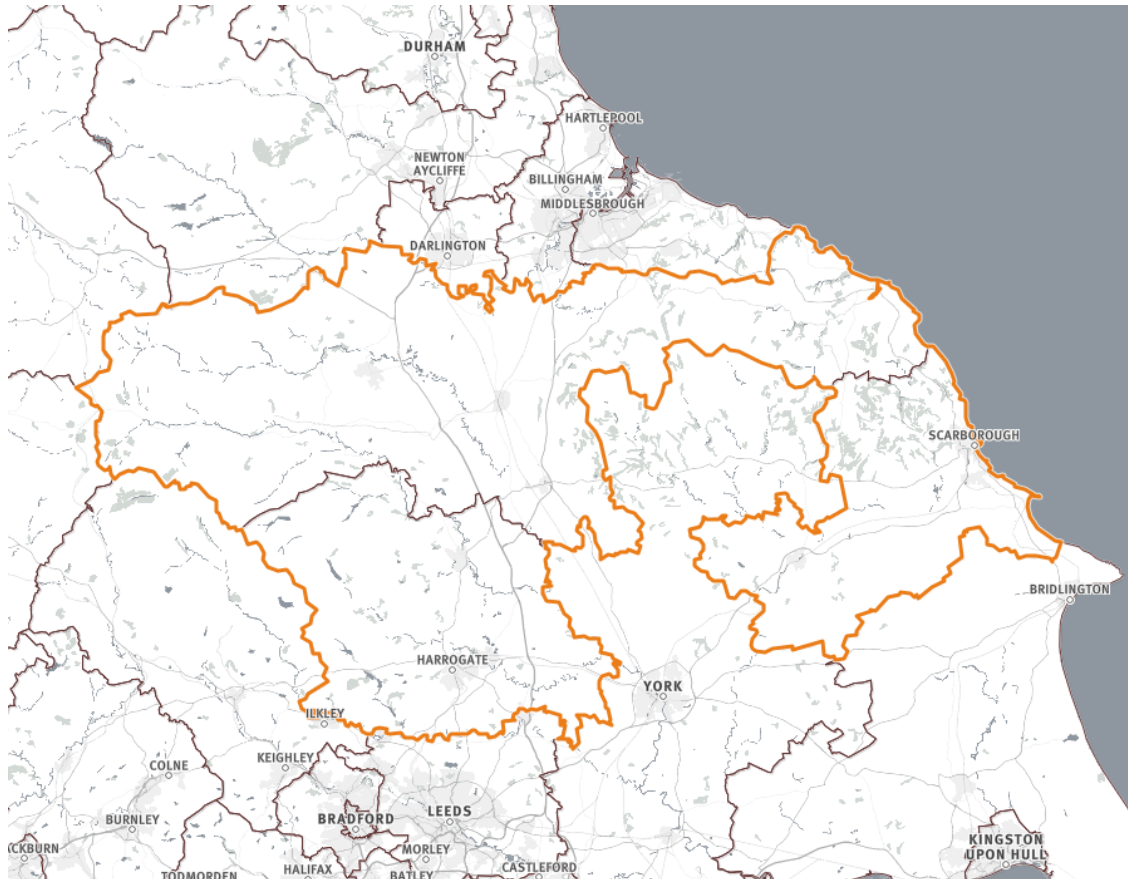


Tees, Esk and Wear Valleys  
NHS Foundation Trust



# About Our Partnership

**The North Yorkshire Mental Health and Learning Disability Partnership was formed in April 2018, and brings together:**



3 CCGs- Harrogate and Rural District CCG, Hambleton, Richmondshire and Whitby CCG, and Scarborough and Ryedale CCG\*

Service provider Tees, Esk and Wear Valleys NHS Foundation Trust

North Yorkshire County Council

\*Vale of York CCG are invited to Partnership Board Meetings

# Why was the Partnership formed?

Aspiration for greater strategic cohesion



The ever increasing financial challenge for the NHS



Rising demand from a growing and ageing population



Improved delivery of challenging key targets

# Our Vision

To improve the health and well-being of people across North Yorkshire with mental health issues and/or a learning disability through partnership working.

## North Yorkshire Health and Wellbeing Key Outcomes:

- ∅ People are emotionally resilient and experience good mental health
- ∅ Everyone has the opportunity to have a healthy body and a healthy mind
- ∅ People are actively involved and can be free from isolation and loneliness



# Key Principles



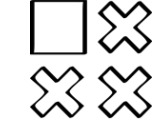
Mental Health is as important as physical health.



We will be ambitious for the people we serve and the staff we employ.




We are equals in our partnership.



We will do the work once – duplication of systems, processes and work should be avoided as wasteful and potential source of conflict.



We will undertake shared analysis of problems and issues as the basis of taking action.



We will apply subsidiarity principles in all that we do – with services being delivered at the appropriate level and as near to local as possible.



We will be honest that some specialist mental health services need to be delivered at a countywide, or even larger, footprint.



We will build constructive relationships with communities, groups and organisations to tackle the wide range of issues which have an impact on people's mental health and wellbeing.



We will take a shared approach to managing risks.

# Strategic Objectives



Greater focus on prevention and early intervention.



Provision of integrated care closer to home.



Intervening and supporting people earlier and more effectively in their illness to reduce the number of admissions for inpatient treatment.



Better use of resources across the whole pathway.



Supporting people to achieve their self-determined health and well-being goals.



Improving the physical health of people with mental health conditions or a learning disability.



Continually improving mental health and learning disability services across North Yorkshire

# Priority Areas

## Children's Emotional Health and Wellbeing

(Includes Children's Whole Pathway Commissioning Update, 0-25s Scoping Work, Children's Eating Disorders)

## Improving Access to Psychological Therapies (IAPT)

## Transforming Care Partnership

(Includes Positive Behaviour Support)

## Out of Contract

## Transformational Work in HRW & HaRD CCGs

## Right Care Right Place

(Includes Crisis, Intensive Home Treatment, SMI, Reduced Length of Stay and Access to MH for Homeless)

## Adult Autism/ADHD

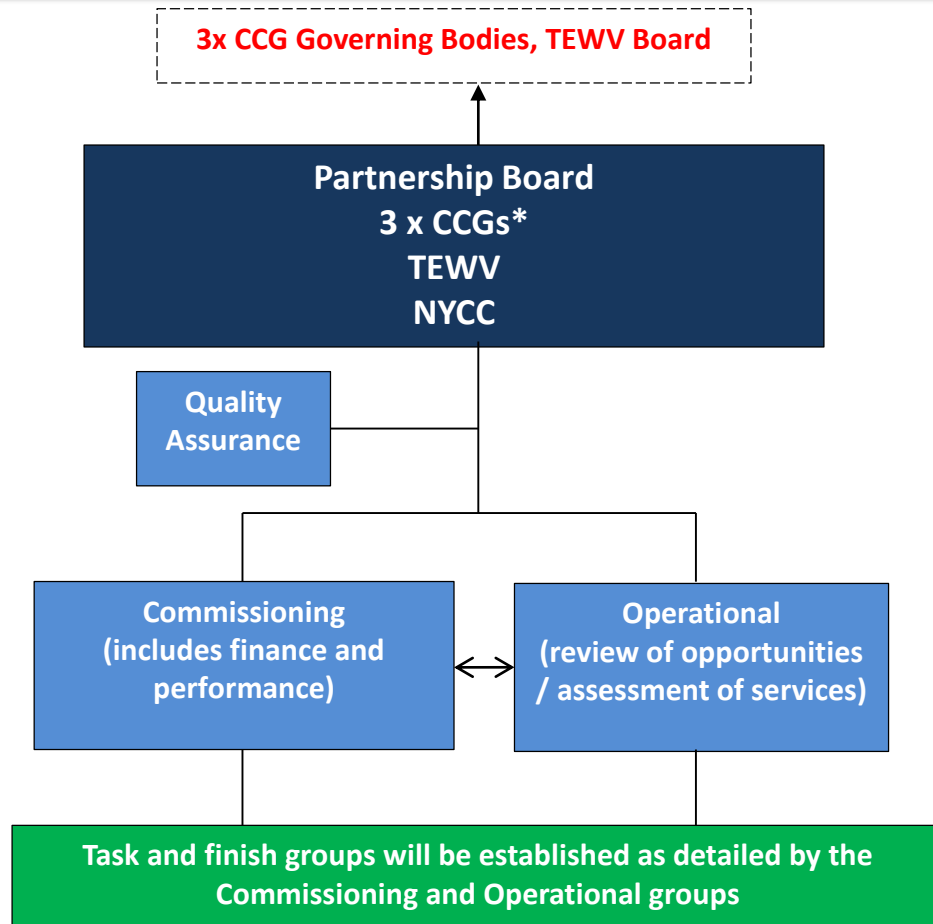
## Suicide Prevention

## Physical Health Checks

## Dementia Diagnosis and Treatment (HRW)

## Children Autism/ADHD

# Governance Structure



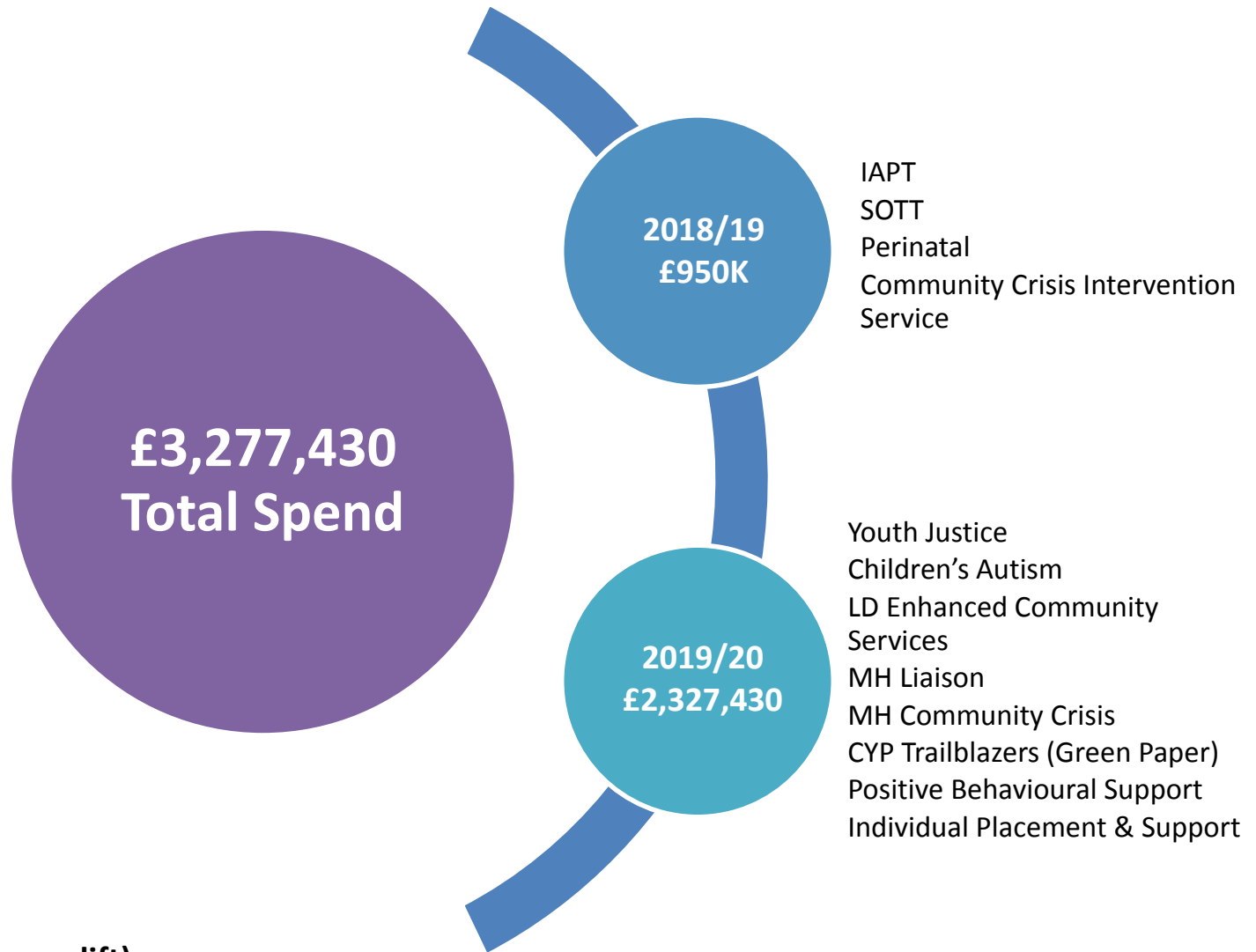
## The Strategic Partnership will have two main roles:

- ∅ Leading, developing and delivering the key plans and aligned investment for people with mental health issues and people with a learning disability in the County
- ∅ Providing a single contractual partnership vehicle for NHS commissioner and provider partners

\*Vale of York CCG are invited to Partnership Board Meetings



# Additional Investment into MH & LD Services



(Excludes inflationary uplift)

# Achievements



Reducing waiting lists for children autism assessment services (HRW & HaRD)

Improved dementia diagnosis and treatment

New community services in Hambleton & Richmondshire

Secured Children's Attention Deficit Hyperactivity Disorder (ADHD) service in Scarborough

Enhanced perinatal mental health services

Increased crisis capacity across the community, and development/enhancement of Crisis cafes across North Yorkshire

Funding for post-suicide bereavement services

'Kooth' online counselling service for young people

Recognition of partnership working through Leadership Academy

# Moving in the Right Direction (In Transition)

Harrogate Transformation

Core 24/7 for Mental Health liaison in Harrogate

Joint approach to delivery of Long Term Plan

Transforming Care- achieving required trajectory

LD Enhanced Community Services

Right Care Right Place Programme (community based care)

Harrogate and Rural Alliance (Phase 2)

Joint Health and Social Care commissioning of children's early intervention service

Joint Health and Social Care transformation bid for Mental Health Support Teams in schools (Trailblazer)

'The Go To' Website- For Healthy Minds in North Yorkshire

Individual Placement and Support (IPS)

North Yorkshire and York Whole Children's Commissioning Pathway

# Future Intentions



**Development of Northallerton  
community MH/LD hub**

**Delivering the LTP within agreed  
partnership budget**

**Explore further integrated Health and  
Social Care working**